

Unified Cardiopulmonary Resuscitation and Defibrillation (RCPUD) Course

The **RCPUD** Performer Course for health professionals is part of the basic emergency response health training, organized and promoted by NRC.

Course objectives

To convey to the participants, in order to make them aware, the basic resuscitation sequence in adults and pediatrics in respiratory and/or cardiac arrest and the maneuvers to be performed in the event of airway obstruction by a foreign body, the knowledge and skills related to the use of the semi-automatic defibrillator, eliminating all fears

Aims of the Course:

1. Acquire and schematize the knowledge related to the treatment of cardiocirculatory arrest with a semi-automatic external defibrillator according to the International and National Rescue Council guidelines
2. Knowing how to recognize cardiovascular arrest;
3. Knowing how to manage an emergency rescue team and specifically cardiocirculatory arrest with the use of the semi-automatic and/or automatic defibrillator;
4. To be able to implement the maneuvers and protocols for the treatment of cardiocirculatory arrest with a semi-automatic defibrillator (ventricular fibrillation/pulseless ventricular tachycardia);
5. Acquire self-control skills in response to critical situations;

Course Recipients

The course is aimed at doctors, nurses, rescuers and those who periodically work in emergency departments – urgency within and outside hospitals.

Instructors

The instructors are doctors, nurses, rescuers and non-medical personnel, adequately trained, who, having completed the training course required by the NRC Basic Courses regulations, have been certified by NRC as a basic instructor. RCPUD instructors may be present alongside

Participant/instructor ratio

8:1

NRC Teaching Methodology

- Course carried out entirely in presence;
- Theoretical lectures
- Practical training station on simple techniques in small groups on dummies;
- Simulation station of complete scenarios;

Full course duration

5 hours

Time dedicated to theory

About 1 hour

Time spent practicing

Approximately 4 hours (2 hours adult and 2 hours pediatric)

Duration of the retraining course

3 hours

Certification

Attendance of the course and passing the final evaluation allow you to obtain an NRC certification valid for 24 months.

To renew the certification and maintain the skills and competencies, it is necessary to take a retraining course.

It is possible to access a retraining course within **6 months** from the expiry date of the entire course; this does not entail an extension of the initial validity, but simply facilitates the admission of learners to the retraining course, making the period that allows access to the course longer.

Passing the retraining course extends the validity of the certificate for another 24 months.

Opportunities for advancement in the training course

RCPUD candidates, for non-health professionals, who have demonstrated that they possess practical skills, adequate theoretical knowledge and communicative-relational skills (criteria listed and specified in the "Potential Instructor Application Form") can be candidates as Potential Instructors Basic courses for non-health professionals.

Important notice:

The LTC NRC secretariat is required to send each learner a WELCOME LETTER containing the credentials to access the reserved area to download an original copy of the NRC RCPUD manual for non-health professionals, published by NRC Edizioni.