

IMMEDIATE LIFE SUPPORT (ILS) course

The **ILS** Performer Course for health professionals and rescuers is part of the advanced intermediate training for medical emergencies for health personnel and rescuers, organized and promoted by NRC.

Course objectives

The course provides a global standardized approach to the clinical assessment of the patient up to the recognition of cardiac arrest and advanced cardiopulmonary resuscitation in adults. The training course is aimed at providing the members of a multidisciplinary emergency team with the following skills:

1. Emergency team call criteria in the event of peri-arrest and cardiac arrest,
2. Management of the patient in peri-arrest,
3. Initial management with advanced mode patients in cardiac arrest,
4. Integration with Advanced Resuscitation Teams (ALS)

It is recommended to have obtained the RCPUD qualification.

Course Recipients

The course is aimed at doctors, nurses and rescuers

Instructors

The instructors are trained doctors, nurses and rescuers, who, having completed the training course required by the NRC Advanced Courses regulations, have been certified by NRC as an Advanced Instructor. ILS Instructors may be present in support.

Participant/instructor ratio

8:1

NRC Teaching Methodology

- Course carried out entirely in presence;
- Theoretical lectures
- Practical training station on simple techniques in small groups on dummies;
- Simulation station of complete scenarios;

Full course duration

8 hours

Time dedicated to theory

About 1 hour

Time spent practicing

About 6 hours

Duration of the retraining course

4 hours

Certification

Attending the course and passing the final assessment allow you to obtain an NRC certification valid for 24 months (2 years). It is mandatory to carry out an intermediate update at the end of the 12 months (1 year)

To renew the certification and maintain the skills and competencies, it is necessary to take a retraining course.

It is possible to access a retraining course within **3 months** from the expiry date of the entire course; this does not entail an extension of the initial validity, but simply facilitates the admission of learners to the retraining course, making the period that allows access to the course longer.

Passing the retraining course extends the validity of the certificate for another 24 months.

Opportunities for advancement in the training course

ILS candidates, who have demonstrated practical skills, adequate theoretical knowledge and communicative-relational skills (criteria listed and specified in the "Potential Instructor Application Form") can be candidates as Potential Advanced Course Instructors.

Important notice:

The LTC NRC secretariat is required to send each learner a WELCOME LETTER containing the credentials to access the reserved area to download an original copy of the NRC ALS manual, published by NRC Edizioni.